

# SORENSEN UNITY CENTER

## OCTOBER 2011 FREE EVENTS



### ENGLISH CLASSES – HORIZONTE INSTRUCTION CENTER

**OCTOBER 10 - 13, 2011 @ 9:00 AM - 1:00 PM – REGISTRATION FEE \$20**

Horizonte Instruction & Training Center is beginning ESL classes at the Sorenson Unity Center. Registration and Orientation starts on the 10th and runs through the 13th. Only a \$20 fee is required for supplies. Classes begin Monday, October 17th and will be held each week Monday through Thursday from 9:00 a.m. to 1:00 p.m. Daycare is available for children 8 and under. If interested, please stop by and sign-up.

### SLC LIBRARY MOBILE LAB COMPUTER CLASSES @ 6:00 - 7:30 PM:

**TUESDAY, OCTOBER 4, 2011 - INTERNET BASICS**

**TUESDAY, OCTOBER 18, 2011 - GOOGLE SERVICES**

The SLC library mobile lab is teaching a series of computer classes including: Internet Basics, Google Services, Stay Safe on the Internet, Social Networking, Blogging, and Sharing Photos Online. Laptops will be provided. Please register at the Computer Lab or call 801-535-6536. Daycare is available.



### UTAH FILM CENTER – TUMBLEWEEDS

**MIA AND THE MIGOO - SATURDAY, OCTOBER 8, 2011 @ 10:00AM**

From the distributors of the Academy-Award nominated *The Secret of Kells*, comes the gorgeous second feature from renowned French animator Jacques-Rémy Girerd. The film is a fable-like journey of a young girl who must overcome her fears on a quest to find her father and save the world from destruction. Recommended for kids ages 6 and up. 92 minutes, Rated PG.

### PLANNED PARENTHOOD

**PARENT NIGHT FOR THE TEEN OUTREACH PROJECT (TOPS)**

**TUESDAY, OCTOBER 11, 2011 @ 5:00 – 8:00 PM**

Learn how to talk with your teens about sexual health. The workshop will cover the following: creating a comfortable setting to talk with teens, how to start a discussion, and a question and answer session.



### U OF U SRHHS & KAPPA DELTA CHI SORORITY, INC

**ALL SHE CAN – THURSDAY, OCTOBER 13, 2011 @ 7 – 9 PM**

We invite you for a screening of *All She Can*, a film about a 17-year old power lifter who hopes to win a college scholarship and escape her small Texas town –you think you know how this movie goes. You'd be wrong, as director Amy Wendel (who co-wrote with Daniel Meisel, her husband) takes the story beyond the clichés of the inspiring sports drama, to explore the dead-end lives trapped in a hard-luck town. A panel discussion about higher education awareness among underrepresented communities will take place following the film.

**REFLECTIONS EXHIBIT • SEPTEMBER 30 – NOVEMBER 28**

**GALLERY RECEPTION • FRIDAY, OCTOBER 14, 2011 @ 6:00 – 8:00 PM**

Alyssa Chamber uses color and line to reflect thoughts, feelings, and ideas. Exploring the struggles of life: depression, breakups, loss, frustration, loneliness, triumphs, vulnerability, and happiness. Refreshments will be served on Oct 14<sup>th</sup>. *Gallery Hours: Monday – Thursday 6 am – 8 pm, Saturday 8 am – 5 pm, Sunday 11 am – 2 pm.*



**SUBSTANCE ABUSE WORKSHOP – U OF U ED PSYCH  
WEDNESDAY, OCTOBER 19, 2011 @ 6 PM**

Are you unsure how to talk with your son or daughter about drugs and alcohol? Are you worried he or she might be using drugs or alcohol? This workshop will help you understand more about adolescent drug and alcohol use and ways to talk with your teen!

**SAFETY - KUED READY TO LEARN WORKSHOP**

**THURSDAY, OCTOBER 20, 2011 @ 6 PM**

Join us for a series of fun and educational workshops that offer everyday parenting tips for parents of children 8 & under. You will learn how to use children's books and TV to help your child succeed in the classroom. You are your child's most important teacher! Registration is required. Please call 801.535.6533 or stop by the reception desk to register. FREE children's book, dinner, & daycare provided.



**UNITY GARDEN FALL EDUCATIONAL SERIES**

**FOOD PRESERVATION & CANNING • SATURDAY, OCT 22, 2011 @ 10 AM**

Looking to preserve your harvest through the winter? Join us for this free workshop and learn the basics of canning. Please RSVP by Friday, Oct 17<sup>th</sup>.

**HEALTHY RELATIONSHIPS WORKSHOP – U OF U ED PSYCH**

**MONDAY, OCTOBER 24, 2011 @ 6 PM**

Would you like to improve your communication in your relationships? Join us for this workshop to review and practice the basics of communication!



**FREE AND OPEN TO THE PUBLIC**  
For more information please call 801.535.6533  
Or go to [www.sorensonunitycenter.com](http://www.sorensonunitycenter.com)